



# Mountain State Dermatology



[MountainStateDermatology.com](http://MountainStateDermatology.com)

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## POST TREATMENT INSTRUCTIONS – CRYOSURGERY

The procedure just performed is called cryosurgery. The area has been frozen with liquid nitrogen. This freezing causes a blister to form, which will gradually peel away the diseased skin. Sometimes blood will be present in this blister, and this may be painful. Leave the blisters intact if possible-this will act as a natural dressing.

The area is usually pink for several weeks after treatment. On occasion, the skin may be lighter or darker than normal. Sometimes a thickened scar may occur.

### Other Instructions:

- Remove band aid / dressing after 24 hours if present.
- If the area is not draining, you may leave it open to the air to heal, or you may cover it. Keep petroleum jelly (Vaseline) on it.
- Area may be gently washed and patted dry.
- Apply petroleum jelly (Vaseline) to the area twice daily until healed, if irritated or open.

REMEMBER: It takes approximately 3-4 weeks for new skin to form and the area to heal completely.

Please call the office if you have any questions or concerns.

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